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Every classroom is a home for dreams: Rep. Aniela Tolentino



During the turnover and blessing of five (5) newly constructed school buildings in Ballew, 8th District Rep. Aniela Tolentino said that "Every classroom is a home for dreams."

Her statement carried something deeper than it sounds.

To Rep. Tolentino, a classroom is more than four walls.

That education is not just about lessons, books, or exams.

What Rep. Tolentino means is that a classroom becomes a home—a safe, supporting environment

where students can thrive as they want to become.

When the classroom, dreams are born and nurtured.

Inside a classroom, young learners discover their talents, build confidence, and form friendships. With the help and guidance of their teachers, the students begin their first steps of becoming teachers, engineers, artists, doctors, leaders, or anything else.

The event was attended by Mayor Danilo Guiso, Board Member Amos Magallon, Vice

Mayor Lual Galla, local officials and dedicated teachers. The newly completed school building will benefit the following: (1) Ballew Integrated School, (2) Kapihan Elementary School, (3) Tapan Elementary School, (4) Lumaga Elementary School.

Rep. Tolentino emphasized that these "new homes for dreams" are a great investment in the future of the community and will surely mean lasting, positive impact on the lives of the next generation of Ballewans.



Rep. Lani Mercado-Revilla distributes school supplies to young learners

During 2nd District Rep. Lani Mercado-Revilla once again demonstrated her commitment to uplifting the community by distributing school supplies to young learners.

Students from Grade 1 in Grade 1 of Ning

Elementary School as well as pupils from other student schools across Ballew were given basic school supplies to support their learning.

"Education is a shared responsibility, and through these small acts of support, we hope to give our children a

stronger start this school year," said Mercado-Revilla.

This effort is part of her continuing advocacy to provide practical assistance to Ballew families, reinforcing her dedication to nurturing the city's future leaders.

Bagong Maragondon Nat'l High School Itatayo sa 5,000 sq. meters lot



Pinalanginahan ng Maragondon, 1st District Rep. Danilo Guiso ang pagtatayo ng Bagong Maragondon Nat'l High School sa 5,000 sq. meters lot.

Ang Bagong Maragondon Nat'l High School ay magtatayo sa 5,000 sq. meters lot sa Bagong Maragondon, 1st District. Ang Bagong Maragondon Nat'l High School ay magtatayo sa 5,000 sq. meters lot sa Bagong Maragondon, 1st District.

National High School, located at Maragondon, 1st District. Ang Bagong Maragondon Nat'l High School ay magtatayo sa 5,000 sq. meters lot sa Bagong Maragondon, 1st District. Ang Bagong Maragondon Nat'l High School ay magtatayo sa 5,000 sq. meters lot sa Bagong Maragondon, 1st District.

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He said the Pengmore family had been a very close-knit family.

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1. **Identify the problem.** The first step in the problem-solving process is to identify the problem. This involves understanding the situation, gathering information, and defining the problem clearly.

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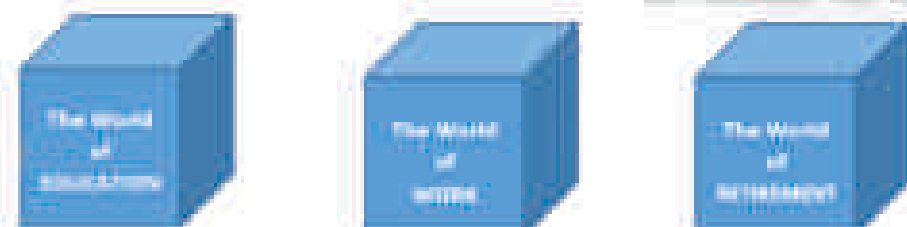
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Career *Last of two parts* planning towards successful life



Last week we discussed the importance of career planning towards a successful life. This time, we will discuss the three worlds of an individual's life and how these worlds affect their success in life.

Career and the Three Boxes of Life

A person's life may be divided into three boxes or compartments, namely: 1) the world of education, 2) the world of work, and 3) the world of retirement. Furthermore, career is the world of education since the first 18 to 22 years of one's life which are spent in formal learning to acquire knowledge and skills and develop attitudes and values to

prepare oneself for the next stage which is the world of work. This second period comprises the largest part of life, and it usually encompasses ages 20 to about 60 to 65 years. Then, the third period is the period of retirement covers 60 years and beyond, until death that finally closes the chapter of one's life. These three worlds are actually separated and fragmented, rather than one world flowing to the next. Figure 1 illustrates the lack of connection. If nothing is done about these, lacking the rigor of life will be piecemeal rather than holistic. Figure 1. The boxes of life are separate, there is no connection between school and work and then

is no planning for retirement (Bridges, 1997). As emphasized in the above illustration, what we learned in school – the theories, concepts, techniques and skills, attitudes and values, are usually not the ones we use at work. We usually take courses or training programs that are different from the careers we later on pursue. Then, before we know it, the time for retirement comes. We are usually unprepared for retirement even though some of us, at moments when our work is frustrating or boring, feel surprisingly wished for it. Retirement usually takes back with regret at missed opportunities or time not spent well. But as we have a plan for our life, there is a link or

a bridge between these three (Figure 2). Our starting system is with the knowledge, attitudes and values, skills and habits which are applicable and relevant in the work place. Each job assignment is accepted or sought because it is part of

protects the boxes of life (Figure 2). Hence, the importance of career planning. Figure 2. Planning connects education and training to the world of work and to the world of retirement (Bridges, 1997).

solid, secure and timely information about what of your task requires; 3) choice/decision on the best option for the present, and 4) set goals for your best option, both long-term and short-term and list down the action plans to help you achieve your career



a bigger picture of our career. It shows the right career, we experience self-fulfillment and satisfaction from using our skills, knowledge and experience, speaking and listening and personality. Our work prepares us for retirement, either to a life of leisure or to another career in retirement. Retirement is something to look forward to. Planning

Career Planning and the Process Career planning is a deliberate process of knowing who we are so that we can be sure of where we want to go or what we want to be at some defined point in the future. Planning sets a definite goal in life and is premeditated. The process of career

planning is very important aspect of one's life and career planning is a long process, giving importance to these concepts should be done as early as possible for someone to lead a successful life in the future.

QC wins Frontline Protection Award at the Planet Aqua City in Venice



Quezon City has been recognized as a global leader in climate adaptation and disaster resilience after winning the Frontline Protection Award at the Planet Aqua City Awards, in collaboration with C40 Cities, during Venice Climate Week in Venice, Italy. The award was conferred on Quezon City's IRIS-UP (Intelligent, Resilient, and Integrated Systems for the Urban Population) project, a pioneering climate and disaster resilience platform that harnesses advanced technology, real-time monitoring systems, and artificial intelligence to protect communities from climate-related hazards. Mayor Joy Belmonte said the recognition affirms the city's

commitment to building a safer, more resilient, and climate-ready Quezon City. "This award reflects the deep work of our city government and our partners in developing innovative solutions that place the safety and welfare of our people at the center of climate action," Belmonte said. "As climate risks continue to multiply, local governments must embrace science, technology, and community participation to strengthen resilience. We are proud that Quezon City's climate efforts are being recognized on the global stage," she added. The IRIS-UP, developed through the Quezon City Disaster Risk Reduction and Management Office



(DCCRRMO), integrates a vast network of automated weather stations, flood sensors, and the institutional reporting system in the communities. The platform transforms meteorological and environmental data into localized, impact-based alerts across the city's 142

barangays, enabling authorities to implement targeted preparedness measures and preemptive evacuations—before disasters occur. The Planet Aqua City Awards recognize cities that are driving innovative and replicable solutions for climate adaptation and disaster resilience.